



VAIL SCHOOL DISTRICT ELEMENTARY LUNCH MENU APRIL 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Meat & Grain Taco w/ Spanish Rice</p> <p>Chicken Nuggets w/ Dinner Roll</p> <p>Sun Butter & Jelly Sandwich National Peanut Butter & Jelly Day!</p>	<p>3 Meat & Grain Cheese or Pepperoni Pizza</p> <p>Chicken Patty Sandwich OR Spicy Chicken Patty Sandwich</p> <p>Crispy Chicken Salad w/Dinner Roll</p>	<p>4 Meat & Grain Breakfast for Lunch Whole Wheat Pancakes and Turkey Sausage Patties Cheeseburger</p> <p>Buffalo Chicken Salad w/ Dinner Roll</p>	<p>5 Meat & Grain Cheese or Pepperoni Pizza</p> <p>Riblet Sandwich</p> <p>Turkey & Cheese Wrap</p>	<p>6 Meat & Grain Cheeseburger Meatloaf</p> <p>Turkey Hot Dog</p> <p>Trixs Yogurt/String Cheese/ Graham Crackers</p>
<p>Vegetable / Fruit / Milk Refried Beans Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Carrot Coins Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Green Beans Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Broccoli Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Whipped Potatoes/Gravy Fruit 1% or Fat Free Milk</p>
<p>9 Meat & Grain Grilled Cheese & Tomato Soup</p> <p>BBQ Pork Sandwich</p> <p>Sun Butter & Jelly Sandwich</p>	<p>10 Meat & Grain Spaghetti & Meatballs</p> <p>Chicken Nuggets w/ Dinner Roll</p> <p>Buffalo Chicken Wrap</p>	<p>11 Meat & Grain Beefy Nachos</p> <p>Chicken Patty Sandwich OR Spicy Chicken Patty Sandwich</p> <p>Chicken Caesar Salad w/Dinner Roll</p>	<p>12 Meat & Grain Oven Roasted Chicken w/ Dinner Roll</p> <p>Cheeseburger</p> <p>Chef Salad W/Dinner Roll</p>	<p>Lucky Tray Day! 13 Meat & Grain Cheese or Pepperoni Pizza</p> <p>Whole Grain Bean & Cheese Burrito</p> <p>Trixs Yogurt/String Cheese/ Graham Crackers</p>
<p>Vegetable / Fruit / Milk Carrot Coins Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Cauliflower Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Refried Beans Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Whipped Potatoes / Gravy Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Broccoli Fruit 1% or Fat Free Milk</p>
<p>16 Meat & Grain Cheese Enchiladas</p> <p>Turkey Hot Dog</p> <p>Trixs Yogurt/String Cheese/ Graham Crackers</p>	<p>17 Meat & Grain Cheese or Pepperoni Pizza Chicken Patty Sandwich OR Spicy Chicken Patty Sandwich</p> <p>Sun Butter & Jelly Sandwich</p>	<p>18 Meat & Grain Mac & Cheese w/Fish Sticks</p> <p>Meatball Sub</p> <p>Buffalo Chicken Salad w/ Dinner Roll</p>	<p>19 Meat & Grain Breakfast for Lunch Whole Wheat Pancakes and Turkey Sausage Patties Healthy Lettuce Bowl w/Rice/Quinoa** American Sub **New Item</p>	<p>20 Meat & Grain Cheese or Pepperoni Pizza</p> <p>Grilled Chicken Pita w/Sesame Drizzle**</p> <p>Italian Sub New Item**</p>
<p>Vegetable / Fruit / Milk Refried Beans Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Green Beans Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Carrot Coins Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Corn Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Broccoli Fruit 1% or Fat Free Milk</p>
<p>23 Meat & Grain Turkey & Gravy w/Dinner Roll</p> <p>Cheeseburger Turkey Ham & Cheese Sub Cookie Day!</p>	<p>24 Meat & Grain Rotini & Meat Sauce Chicken Patty Sandwich OR Spicy Chicken Patty Sandwich Crispy Chicken Wrap</p>	<p>25 Meat & Grain Cheese or Pepperoni Pizza</p> <p>Whole Grain Chicken Corn Dog</p> <p>Chef Salad w/Dinner Roll</p>	<p>26 Meat & Grain Beefy Nachos</p> <p>Riblet Sandwich Trixs Yogurt/String Cheese/Pretzel National Pretzel Day!</p>	<p>27 Meat & Grain Grilled Cheese & Chicken Rice Soup** **New Item</p> <p>Whole Grain Bean & Cheese Burrito</p> <p>Sun Butter & Jelly Sandwich</p>
<p>Vegetable / Fruit / Milk Whipped Potatoes/Gravy Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Broccoli Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Green Beans Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Refried Beans Fruit 1% or Fat Free Milk</p>	<p>Vegetable / Fruit / Milk Carrot Coins Fruit 1% or Fat Free Milk</p>
<p>30 Meat & Grain Chicken Nuggets w/Dinner Roll</p> <p>Chicken Ranch Wrap**</p> <p>Italian Sub</p> <p>**New Item</p>	<p>School lunch provides 1/3 of the average daily calorie needs for kids by age.</p> 	<p>Students Must Select 3 out of the 5 Meal Components.</p> <p>One Of The 3 Components Selected, <u>MUST</u> Be Fruit or Vegetable</p>	<p>All lunch meals also include our self-service fresh veggie bar and condiment table.</p> <p>Our menu is Trans Fat Free!</p>	<p>Nutritional information is available at the Food Service Office.</p> <p>Menu Subject To Change without Notice.</p>
<p>Vegetable / Fruit / Milk Green Beans Fruit 1% or Fat Free Milk</p>				

April Fresh pick of the month is Jicama.

DYK: April 22nd is Earth Day.



"This institution is an equal opportunity provider."