



VAIL SCHOOL DISTRICT ELEMENTARY LUNCH MENU March 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Jicama	 Future Chefs Event, Saturday March 3rd GOOD LUCK FINALIST!	<p>Students Must Select 3 out of the 5 Meal Components.</p> <p>One Of The 3 Components Selected, <u>MUST</u> Be Fruit or Vegetable.</p>	<p>1 <u>Meat & Grain</u> Beefy Nachos</p> <p>BBQ Rib Sandwich Turkey Ham & Cheese Sub</p> <hr/> <p><u>Vegetable / Fruit / Milk</u> Refried Beans Fruit 1% or Fat Free Milk</p>	<p>2 <u>Meat & Grain</u> Grilled Cheese & Tomato Soup</p> <p>Bean & Cheese Burrito Sun Butter & Jelly Sandwich</p> <hr/> <p><u>Vegetable / Fruit / Milk</u> Carrot Coins Fruit 1% or Fat Free Milk</p>
<p>5 <u>Meat & Grain</u> Turkey & Gravy w/ Dinner Roll</p> <p>Chicken Patty <u>OR</u> Spicy Chicken Patty Italian Sub</p>	<p>6 <u>Meat & Grain</u> Cheese or Pepperoni Pizza</p> <p>Chicken Nuggets w/ Dinner Roll Crispy Chicken Salad w/Dinner Roll</p>	<p>7 <u>Meat & Grain</u> Breakfast for Lunch Whole Wheat Pancakes & Turkey Sausage Patties Cheeseburger</p> <p>Buffalo Chicken Salad w/ Dinner Roll</p>	<p>8 <u>Meat & Grain</u> Pasta w/ Meatballs & Marinara Sauce</p> <p>**Chicken Ranch Melt</p> <p>Turkey & Cheese Wrap **NEW ITEM</p>	<p>9 <u>Meat & Grain</u> Baked Chicken w/ Dinner Roll</p> <p>Fish Patty Sandwich (with or without cheese)</p> <p>Trixs Yogurt/String Cheese/ Graham Crackers</p>
<p><u>Vegetable / Fruit / Milk</u> Whipped Potatoes Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Whole Kernel Corn Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Vegetarian Baked Beans Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> **Seasoned Baked Sweet Potatoes Fruit 1% or Fat Free Milk **NEW ITEM</p>
<p>Vail School District Spring Break March 10th – 25th MARCH IS NATIONAL NUTRITION MONTH</p>				<p>School lunch provides 1/3 of the average daily calorie needs for kids by age.</p>
	<p>MARCH 20TH SPRING BEGINS!</p>		<p>Have a safe and fun spring break!</p>	
<p>26 <u>Meat & Grain</u> Cheese Enchiladas</p> <p>Cheeseburger</p> <p>Trixs Yogurt/String Cheese/ Graham Crackers</p>	<p>27 <u>Meat & Grain</u> Mac & Cheese w/ Fish Sticks</p> <p>Chicken Patty <u>OR</u> Hot and Spicy Chicken Patty Sandwich</p> <p>Crispy Chicken Wrap</p>	<p>28 <u>Meat & Grain</u> Cheese or Pepperoni Pizza</p> <p>Riblet Sandwich</p> <p>Chef Salad w/Dinner Roll</p>	<p>29 <u>Meat & Grain</u> Beefy Nachos</p> <p>Chicken Nuggets w/ Dinner Roll</p> <p>COOKIE DAY</p>	<p>30</p> <p>HAPPY EASER</p>
<p><u>Vegetable / Fruit / Milk</u> Refried Beans Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Whipped Potatoes / Gravy Fruit 1% or Fat Free Milk</p>	<p>SCHOOL CLOSED</p>



GO FURTHER with FOOD



“This institution is an equal opportunity provider.”