



# Vail School District ELEMENTARY LUNCH MENU AUGUST, 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Students Must Select 3 out of the 5 Meal Components. One Of The 3 Components Selected, MUST Be Fruit or Vegetable.</b>	<b>1</b> <b>Meat &amp; Grain</b> Rotini & Meat Sauce Chicken Patty Sandwich Crispy Chicken Wrap	<b>2</b> <b>Meat &amp; Grain</b> Cheese or Pepperoni Pizza Whole Grain Corn Dog Chef Salad w/ Dinner Roll <b>NATIONAL ICE CREAM SANDWICH DAY</b>	<b>3</b> <b>Meat &amp; Grain</b> Beefy Nachos Rib B Q Sandwich Turkey Ham and Cheese Sub <b>NATIONAL WATERMELON DAY</b>	<b>4</b> <b>Meat &amp; Grain</b> Grilled Cheese & Tomato Soup Bean & Cheese Burrito Sun Butter & Jelly Sandwich <b>NATIONAL CHOCOLATE CHIP COOKIE DAY</b>
	<u>Vegetable / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Black Beans Watermelon 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Carrot Coins Fruit 1% or Fat Free Milk
<b>7</b> <b>National</b> <b>Meat &amp; Grain</b> Chili Frito Pie w/ Dinner Roll Chicken Nuggets w/ Dinner Roll Italian Sub	<b>8</b> <b>Exercise</b> <b>Meat &amp; Grain</b> Cheese or Pepperoni Pizza Chicken Patty Sandwich Crispy Chicken Salad w/ Dinner Roll	<b>9</b> <b>With Your</b> <b>Meat &amp; Grain</b> Breakfast for Lunch Pancakes and Sausage Patties Cheeseburger Buffalo Chicken Salad w/ Dinner Roll	<b>10</b> <b>Child</b> <b>Meat &amp; Grain</b> Cheese or Pepperoni Pizza BBQ Pulled Pork Sandwich Turkey & Cheese Wrap	<b>11</b> <b>Week!</b> <b>Meat &amp; Grain</b> Orange Chicken w/ Brown Rice Hot Dog Trixs Yogurt/String Cheese/ Graham Crackers
<u>Vegetable / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Carrot Coins Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Ranchero Beans Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Corn Fruit 1% or Fat Free Milk
<b>14</b> <b>Meat &amp; Grain</b> Cheese or Pepperoni Pizza Grilled Cheese & Tomato Soup Sun Butter & Jelly Sandwich	<b>15</b> <b>Meat &amp; Grain</b> Spaghetti & Meatballs Chicken Nuggets w/ Dinner Roll Buffalo Chicken Wrap	<b>16</b> <b>Meat &amp; Grain</b> Bean & Cheese Burrito Chicken Patty Sandwich <b>EARLY RELEASE</b>	<b>17</b> <b>Meat &amp; Grain</b> Chicken & Waffles Cheeseburger Chef Salad w/ Dinner Roll	<b>18</b> <b>Meat &amp; Grain</b> Cheese or Pepperoni Pizza Whole Grain Corn Dog Trixs Yogurt/String Cheese/ Graham Crackers
<u>Vegetable / Fruit / Milk</u> Oven Potatoes Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Cauliflower Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Mexican Beans Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Carrot Coins Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Cauliflower Fruit 1% or Fat Free Milk
<b>21</b> <b>Meat &amp; Grain</b> Cheese Enchiladas Hot Dog Trixs Yogurt/String Cheese/ Graham Crackers	<b>22</b> <b>Meat &amp; Grain</b> Cheese or Pepperoni Pizza Chicken Patty Sandwich Sun Butter & Jelly Sandwich	<b>23</b> <b>Meat &amp; Grain</b> Mac & Cheese with Chicken Nuggets Meatball Sub Buffalo Chicken Salad w/ Dinner Roll	<b>24</b> <b>Meat &amp; Grain</b> Breakfast for Lunch Pancakes and Sausage Patties Quesadilla America Sub	<b>25</b> <b>Meat &amp; Grain</b> Cheese or Pepperoni Pizza Cheeseburger Italian Sub
<u>Vegetable / Fruit / Milk</u> Refried Beans Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Carrot Coins Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Corn Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk
<b>28</b> <b>National</b> <b>Meat &amp; Grain</b> Chicken Nuggets w/ Dinner Roll Cheeseburger Trixs Yogurt/String Cheese/ Graham Crackers	<b>29</b> <b>Be Kind</b> <b>Meat &amp; Grain</b> Rotini & Meat Sauce Chicken Patty Sandwich Crispy Chicken Wrap	<b>30</b> <b>To Humankind</b> <b>Meat &amp; Grain</b> Bean & Cheese Burrito Whole Grain Corn Dog <b>EARLY RELEASE</b>	<b>31</b> <b>Week!</b> <b>Meat &amp; Grain</b> Beefy Nachos Rib B Q Sandwich Turkey Ham and Cheese Sub	<b>Nutritional information is available at the Food Service Office.</b>
<u>Vegetable / Fruit / Milk</u> Mashed Potatoes / Gravy Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Black Beans Fruit 1% or Fat Free Milk	<b>Menu Subject To Change without Notice.</b>



“USDA is an equal opportunity provider.”

August DYK:  
National Family Fun Month!  
Children's Vision & Learning Month!

